



8 Dress for Success Tips

How you present yourself at work matters to your managers, your colleagues and — most importantly — your patients. Want to be viewed in the best professional light? Follow these tips.

- 1. Read up:** From day one, be familiar with and follow your facility's dress policy so you don't start off on the wrong foot. Flexibility is a privilege, not a right.
- 2. Be aware:** Some facilities scrutinize their staff's professional appearance daily. Managers may send you home (or to the restroom) to fix a visible faux pas.
- 3. Wear it correctly:** Uniform accoutrements have their rightful place on your uniform. Is your nametag pinned to your uniform at eye level? Is your radiation badge where it should be? If you're not sure what's right, ask.
- 4. Take note:** Many facilities set limits regarding the use of fragrances, jewelry and displays of tattoos and piercings. Know the rules.
- 5. Dress to impress:** Forego the favorite jersey, old sneakers, flashy scrubs and heavy makeup. How you present yourself influences how patients perceive you and your facility — and how they feel while in your care.
- 6. Stay safe:** Flip-flops, dragging pant legs, dangling necklaces — these are recipes for injury. Ask your manager to provide a list of apparel and accessory no-no's that pose safety risks.
- 7. Show your pride:** Instead of making a fashion statement, stand out with your positive attitude, attention to detail and passion for your job.
- 8. Find role models:** Emulate colleagues who follow the highest professional standards in their physical presentation, work ethic and interactions with patients and colleagues.