Placement of Personal Radiation Monitoring Devices

After research of evidentiary documentation such as current literature, curricula, position statements, scopes of practice, laws, federal and state regulations and inquiries received by the American Society of Radiologic Technologists Governance Department, the American Society of Radiologic Technologists issued opinions contained herein.

Accountability and Responsibility of Medical Imaging and Radiation Therapy Professionals

The profession holds medical imaging and radiation therapy professionals individually responsible and accountable for rendering safe, effective clinical services to patients and for judgments exercised and actions taken in the course of providing those services.

Acts within the recognized scope of practice for a given license or certification may be performed only by those individuals who possess the education and skill proficiency to perform those acts in a safe and effective manner.

The medical imaging and radiation therapy professional’s performance should be consistent with state and federal laws, established standards of practice, facility policies and procedures, and be evidence-based.

Definitions

The following definitions can be found in the Glossary to The Practice Standards for Medical Imaging and Radiation Therapy:

Personal radiation monitoring device

Evidentiary Documentation

Current Literature


(Quality of Evidence: High)
Curriculum
The ASRT curricula for all practice areas were reviewed.

2014 ASRT Bone Densitometry Curriculum
Radiation Safety and Protection, p. 49,
Section II, B, 3
Section II, A, 1-6, B 1-4
Identified the knowledge base for how to adapt general radiation safety and protection principles and practices to bone densitometry techniques using ionizing radiation with DXA, including personnel monitoring.

2015 ASRT Limited X-ray Machine Operator curriculum
Radiation Protection and Radiobiology, p. 59,
Section IV, A-E
Identified an overview of the principles of radiation protection, including the responsibilities of the limited x-ray machine operator for patients, personnel and the public, a historical evolution of standards for personnel monitoring, the requirements, types and methods of personnel monitoring equipment, record keeping and dose limits.

2004 ASRT Positron Emission Tomography (PET)- Computed Tomography (CT) curriculum
Content Specifications for Basic Nuclear Medicine and PET for Dual Modality Imaging, p. 3, Section I, A

Identified an overview of the principles of radiation protection, including the responsibilities of the computed tomography technologist for patients, personnel and the public, including personnel monitoring.

2014 ASRT Radiation Therapy curriculum
Radiation Protection, p. 72,
Section IV, A-E
Identified an overview of the principles of radiation protection, including the responsibilities of the radiation therapist for patients, personnel and the public, the requirements, types and methods of personnel monitoring equipment, record keeping and dose limits.

2012 ASRT Radiography Curriculum
Radiation Protection, p. 60,
Section IV, A-F
Identified an overview of the principles of radiation protection, including the responsibilities of the radiographer for patients, personnel and the public, a historical evolution of standards for personnel monitoring, the requirements, types and methods of personnel monitoring equipment, record keeping and dose limits.

2012 ASRT Radiologist Assistant curriculum
Radiation Safety, Radiobiology, and Health Physics, p. 35,
Identified content designed to expand on prior knowledge to enhance an understanding of protection of individual and population groups against the harmful effects of ionizing radiation and practical techniques and QA/QC procedures for reducing patient and operator risk of exposure to ionizing radiation including personnel monitoring.

(Quality of Evidence: High)

Certification Agency Content Specifications
The American Registry of Radiologic Technologists (ARRT) content specifications:
- Nuclear Medicine Category A, Section 1, B, 4.
- Radiation Therapy Category A, Section 2, B, 1-2.
- Radiography Category A, Section 4, B, 1-2 and C, 1-5.
- Registered Radiologist Assistant Category E, Section 1, b, 3.

(Quality of Evidence: High)

Federal and State Statute Reference(s)
10 CFR Part 19.12 Instruction to Workers
10 CFR Part 20.1208 Dose Equivalent to an Embryo/Fetus
10 CFR Part 20.1502 Conditions Requiring Individual Monitoring of External and Internal Occupational Dose
NRC Regulatory Guide 8.34 Monitoring Criteria and Methods to Calculate Occupational Radiation Doses
NRC Regulatory Guide 8.36 Radiation Dose to the Embryo/Fetus
NRC Regulatory Guide 8.7 Instructions for Recording and Reporting Occupational Radiation Exposure Data

(Quality of Evidence: High)

Other
American Association of Physicists in Medicine (AAPM) Report 58 Appendix A: Radiation Safety and Quality Assurance Program

(Quality of Evidence: High)
**Advisory Opinion**

It is the opinion of the American Society of Radiologic Technologists that based upon current literature, the curricula set forth by the ASRT, ARRT content specifications, regulatory requirements, American Association of Physicists in Medicine recommendations and where federal or state law and/or institutional policy permits that:

1. Radiation workers wear a personal radiation monitoring device outside of protective apparel with the label facing the radiation source at the level of the thyroid to approximate the maximum dose to the head and neck.
2. In specific cases a whole-body monitor may be indicated. This monitor should be worn at the waist under a protective lead apron.
3. In some cases a ring badge may be indicated. This monitor should be worn on the dominant hand with the label facing the radiation source.

GRADE: Strong

**Rationale**

The ASRT’s position is to determine the practice standards and scopes of practice for medical imaging and radiation therapy professionals. The practice standards general stipulation emphasizes the importance of an individual being educationally prepared and clinically competent to practice in the profession of medical imaging and radiation therapy. With proper education and proven competence the determination of proper use of personal monitoring devices ensures a safe environment in which to provide quality patient services.

**Determining Scope of Practice**

Each medical imaging and radiation therapy professional must exercise professional and prudent judgment in determining whether the performance of a given act is within the scope of practice for which the medical imaging and radiation therapy professional is licensed - if applicable within the jurisdiction in which he/she is employed - educationally prepared and clinically competent to perform.

The ASRT issues advisory opinions as to what constitutes appropriate practice. As such, an opinion is not a regulation or statute and does not have the force and effect of law. It is issued as a guidepost to medical imaging and radiation therapy professionals who engage in safe practice. Federal and state laws, accreditation standards necessary to participate in government programs and institutional policies and procedures supersede these standards. The individual must be educationally prepared and clinically competent as a prerequisite to professional practice.

Approved: July 1, 2012
Amended, Main Motion, C-13.21 & C13.23, 2013
Amended, Main Motion, C-16.15, 2016
ASRT House of Delegates