#12801-04 Expiration Date: Feb. 28, 2014* Approved for 2 Cat. A+ credits

Computed Tomography Angiography

To receive Category A⁺ continuing education credit for this Directed Reading, read the preceding article and circle the correct response to each statement. Choose the answer that is most correct based on the text. **Transfer your responses to the answer sheet on Page 288CT** and then follow the directions for submitting the answer sheet. You also may take Directed Reading quizzes online at www.asrt.org. **New and reinstated members are ineligible to take DRs from journals published prior to their most recent join date unless they have purchased access to the quiz from the ASRT. Your access to Directed Reading quizzes for continuing education credit is determined by your CE preference. For access to other quizzes, go to www.asrt.org/store.**

*Yo	ur answer sheet for this Directed Reading must be	receiv	ed in the ASRT office on or before this date.
1.	African Americans face a first-stroke risk as high as that seen among whites. a. twice b. equally c. two-thirds d. one-half	4.	is a progressive, life-threatening chronic inflammatory disorder of vascular walls. a. Pulmonary embolism b. Atherosclerosis c. Thrombosis d. Hyperlipidemia
2.	More than 83 million Americans currently live with: a. high levels of low-density lipoprotein (LDL) cholesterol. b. cardiovascular disease. c. thrombosis. d. angina pectoris.	5.	Clinical signs of coronary artery disease include: 1. infarction. 2. oxygen deprivation. 3. angina pectoris. a. 1 and 2 b. 1 and 3 c. 2 and 3 d. 1, 2, and 3
3.	The total direct and indirect costs of cardiovascular disease are an estimated \$ billion annually. a. 240 b. 340 c. 440		u. 1, 2, anu 5

Continued on next page

d. 540

6.	Pulmonary embolism is a common emergency resulting from atherosclerotic disease, and 1 in patients who die of unsuspected pulmonary embolism could have survived with proper diagnosis. a. 5 b. 7 c. 10 d. 12	 10. Symptomatic stenosis of the arterial lumen usually occurs during the phase of atherosclerosis development. a. fatty streak b. foam cell c. atheroma d. fibrous plaque
	u. 12	11. The degree of calcification is a useful indicator
7.	Atherosclerosis risk factors with genetic components include: 1. elevated levels of LDL. 2. elevated levels of homocysteine.	of plaque stage. a. true b. false
	 3. clinical depression. a. 1 and 2 b. 1 and 3 c. 2 and 3 d. 1, 2, and 3 	12. The predictable range of computed tomography (CT) values for muscle is HU. a50 to -100 b. 10 to 40 c. 300 to 500 d. 130 to 1500
8.	has been implicated as a contributing factor in 36% of first heart attacks. a. Diabetes b. LDL oxidation c. Tobacco smoking d. Low dietary intake of antioxidants	 13. Nonionic contrast agents have a reported overall adverse reaction rate of approximately%. a. 3 b. 4 c. 5 d. 6
9.	Autopsies suggest most men and women have by age 15 to 34. a. aortic fatty streaks b. ruptured atherosclerotic lesions c. atheromas d. fibrous plaques	 14. Dose-dependent adverse reactions to contrast agents include: 1. nephrotoxicity. 2. pulmonary embolism. 3. cardiac collapse. a. 1 and 2 b. 1 and 3 c. 2 and 3 d. 1, 2, and 3

15.	Contraindications for iodinated contrast agent injections include patient use of: a. nonaminoglycoside antibiotics. b. gemcitabine chemotherapy. c. loop diuretics. d. corticosteroids.	 19. Grayscale settings should not be maximized to white for the because doing so can yield inaccurate visualizations of lumen diameter. a. stents b. blood vessels c. fat d. smooth muscle
16.	Approximately	 20. Precontrast scans are rarely used with multidetector CT (MDCT) <i>except</i> in cases of suspected: a. pulmonary embolism. b. ischemic stroke. c. arterial hemorrhage. d. coronary stenosis.
17.	The images use data from multiple primary planar images to reconstruct images in new view-angle planes. a. 2-D multiplanar b. maximum intensity pixel (MIP) c. primary axial d. curved planar reformations	 21. The risk of respiratory motion artifacts is higher for than for other CT examinations. a. chest and abdominal computed tomography angiography (CTA) b. CT neuroangiography c. neck CTA d. abdomen-only CTA
18.	can be constructed to visualize complex 3-D vasculature, representing tortuous vascular pathways on a single 2-D image and allowing accurate assessment of vessel occlusions and calcifications. a. Multiplanar reformations b. MIPs c. Primary axial images d. Curved planar reformations	 22. Administration of beta-blockers prior to CTA examinations is contraindicated for which of the following medical conditions? 1. severe bronchial asthma 2. high blood pressure 3. heart failure a. 1 and 2 b. 1 and 3 c. 2 and 3 d. 1, 2, and 3

23.	is key to vascular enhancement, whereas would be key to enhancement of other	27.	Coronary artery disease is an atherosclerotic narrowing of% or more of a major		
	organs.		coronary artery or branch.		
	a. A 30-second breath hold; shallow breathing		a. 20		
	b. Shallow breathing; a 30-second breath hold		b. 30		
	c. Contrast injection flow rate; total iodine		c. 40		
	dose		d. 50		
	d. Total iodine dose; contrast injection flow rate				
24.	refers to the time required for contrast	28.	Patient radiation doses below mSv have been reported for ECG tube current-modulated retrospective ECG-gated MDCT coronary CTA.		
	to travel from the injection site to a region of		a. 7		
	interest.		b. 8		
	a. Contrast medium transit time (t_{CMT})		c. 9		
	b. t_{CMT} plus 8 seconds		d. 10		
	c. Scan delay		u. 10		
	d. First pass effect				
	•	29.	Most calcium scoring is employed using, which has largely replaced calcium		
25.	CTA contrast enhancement is proportionate to		scoring.		
	injection rate and total injection:		a. MDCT; electron-beam CT		
	a. dose.		b. MDCT; magnetic resonance		
	b. fraction.		c. magnetic resonance; MDCT		
	c. duration.		d. electron-beam CT; MDCT		
	d. phase.				
26.	The magnitude of arterial enhancement varies	30	According to the Directed Reading, the most		
	up tofold between patients, in part	50.	common indication for diagnostic imaging of		
	because of variation in cardiac output and body		pulmonary vasculature is pulmonary:		
	mass.		a. sarcoidosis.		
	a. 2		b. fibrosis.		
	b. 3		c. embolism.		
	c. 4		d. emphysema.		
	d. 5		r - 7		

Directed Reading Evaluation Computed Tomography Angiography



				rea	adıng		
1 2 8 0 1 - 0	4	3 3 7	8 5	9			
Thank you for taking the time to a remain confidential and will not a for each question . Use a blue or	affect the scoring of your Dir	rected Reading	(DR) test. (Choose only	ONE response		
1. What is your primary area	•						
O Administration/Management		O Quality Man	-	_	nformation Systems		
O Bone Densitometry	•	O Radiation T		O RN			
O Cardiovascular-Interventional		O Radiograph	•	Sonograp	hy		
O Computed Tomography	O Nuclear Medicine	O Research O Other					
2. Which of the following best describes the highest educational level you have attained? O Student who has not yet taken Registry exam O Associate degree O Master's degree							
O Certificate	O Bachel	or's degree	O Do	ctoral degree	e (e.g., Ph.D. or Ed.D.)		
 3. Why did you choose to complete this DR? O Interested in the topic O Topic pertained to my area of practice O DR had the right number of CE credits O Needed CE credits immediately 4. How relevant is this DR to your practice? 							
	•	elevant () Somewha	it relevant	O Not relevant		
 5. How beneficial is this DR to your professional or personal development? ○ Extremely beneficial ○ Very beneficial ○ Beneficial ○ Somewhat beneficial ○ Not beneficial 							
6. How would you rate the level of difficulty of this DR? ○ Too difficult ○ Somewhat difficult ○ Just the right level ○ Somewhat easy ○ Too easy							
7. How would you rate the length of this DR? ○ Too long ○ Somewhat long ○ Just the right length ○ Somewhat short ○ Too short							
8. Did this DR meet your expectations? ○ Yes ○ No ○ Partially							
9. Would you recommend th ○ Yes ○ No	is DR to a colleague?						
10. Overall, how valuable are	e the Directed Readings ably valuable O Valua	•	○ Slightly	valuable	O Not very valuable		
If you have comments about this I Director of Professional Developm							

Computed Tomography Angiography



1 2 8 0 1 - 0	4
---------------	---

Expires: February 28, 2014

Approved for 2.0 Category A+ CE Credits

- A passing score is 75% or better.
- Take the quiz online at www.asrt.org/DRquiz for immediate results and your CE certificate.
- If you don't have Internet access, mail your answer sheet to ASRT, PO Box 51870, Albuquerque, NM 87181-1870.
- ASRT must receive the original answer sheet before the quiz expires and before the end of the CE biennium for which you want credit.
- New or rejoining members cannot take DR quizzes from journals published before their most recent join date unless they purchase access to the DR quiz.

Identification Section

We need your Social Security										
number to track	0	0	0	0	0	0	0	0	0	0
your CE credits. Please fill in your	1	0	0	0	0	0	0	0	0	0
SSN in the	2	2	2	2	2	2	2	2	2	2
boxes on top, then fill in the	3	3	3	3	3	3	3	3	3	3
circle	4	(④	④	(0	4	(0	(
corresponding to each number	5	⑤	⑤	3	5	⑤	⑤	⑤	6	6
under the box.	6	0	0	0	6	0	6	0	0	6
The circles must be filled in	7	0	0	0	7	0	0	0	0	O
accurately.	8	0	0	0	0	0	0	0	0	0
	9	9	9	9	9	9	9	9	9	9

Member Information Section

To ensure proper credit please PRINT the following information.					
Name					
Address					
City					
State ZIP					
Work Phone					
Home Phone					

CE Answers Section

USE A BLUE OR BLACK INK PEN. Completely fill in the circles.

ı		_	_			
	3	3	7	8	5	9

Get immediate Dir	Get immediate Directed Reading quiz results and CE credit when you take your test online at www.asrt.org/DRQuiz.						
Note: For true/fal	Note: For true/false questions, A=true, B=false.						
1000	110000	21 0 0 0 0					
20000	120000	22 0 0 0 0					
30000	130000	23 0 0 0 0					
40000	140000	24 0 0 0 0					
50000	150000	25 0 0 0 0					
60000	160000	26 0 0 0 0					
70000	170000	27 0 0 0 0					
80000	180000	28 @ @ @ @					
90000	190000	29000					
100000	200000	30000					

#12803-04 Expiration Date: June 30, 2014* Approved for 2.0 Cat. A+ CE credits

Stroke and CT Perfusion

To receive Category A+ continuing education credit for this Directed Reading, read the preceding article and circle the correct response to each statement. Choose the answer that is most correct based on the text. **Transfer your responses to the answer sheet on Page 492CT** and then follow the directions for submitting the answer sheet. You also may take Directed Reading quizzes online at www.asrt.org. **New and reinstated members are ineligible to take DRs from journals published prior to their most recent join date unless they have purchased access to the quiz from the ASRT. Your access to Directed Reading quizzes for continuing education credit is determined by your CE preference. For access to other quizzes, go to www.asrt.org/store.**

*Your answer sheet for this Directed Reading must be received in the ASRT office on or before this date

- Approximately _____ Americans older than Most of the cost associated with caring for stroke 20 years of age have a new or recurrent stroke patients during the first 90 days of their care each year. comes from: 795 000 rehabilitation. a. 820 000 b. physician costs. b. 875 000 medications. Ы 900 000 initial hospitalization.
- 2. The 18% increase in hospital admissions for intracerebral hemorrhage in the past 10 years is largely because of:
 - a. reliable screening procedures.
 - b. an increase in the number of elderly people who lack adequate blood pressure control.
 - c. increased numbers of obese patients.
 - d. an increase in the number of patients with diabetes.
- The risk of recurrence is greatest immediately following a stroke.
 - a. true
 - b. false

- 5. _____ is a type of ischemic stroke.
 - a. Intracerebral
 - b. Thrombotic
 - c. Subarachnoid
 - d. Hypotensive
- 6. An episode of cerebrovascular insufficiency usually associated with partial occlusion of the cerebral artery by an atherosclerotic plaque or an embolus is known as:
 - a. transient ischemic attack (TIA).
 - b. subarachnoid hemorrhage.
 - c. arteriovenous malformation (AVM).
 - d. hypotensive episode.

7.	Without treatment, one-third of patients who have had a TIA experience a stroke within: a. 1 month. b. 5 months. c. 1 year. d. 5 years.	 12 refers to areas of damaged brain cells arranged in a patchwork pattern around areas of dead brain cells following a stroke. a. Ischemic penumbra b. Infarct c. Perfusion d. Parenchyma
8.	Stroke symptoms in the retina or cerebral hemisphere are an indication of: a. subarachnoid hemorrhage. b. hypotensive stroke. c. TIA in the carotid arteries. d. AVM.	 13. What percentage of acute stroke patients actually receive tissue plasminogen activator (tPA) for stroke treatment? a. 4% b. 8% c. 21% d. 33%
9.	is the most powerful modifiable risk factor for stroke. a. Cigarette smoking b. Obesity c. High cholesterol d. High alcohol consumption Abnormally high levels of homocysteine can occur with deficiencies of:	 14. The FDA-approved window of time for administering tPA to stroke patients is hour(s). a. 1 b. 3 c. 6 d. 8
11.	 a. niacin. b. vitamins B₆ and B₁₂. c. vitamins D₃ and D₁₂. d. biotin. Which of the following states are included in the	 15. Magnetic resonance (MR) diffusion/perfusion imaging has proven to be more effective than CT in imaging: a. small ischemic strokes. b. salvageable penumbra. c. subarachnoid hemorrhage. d. acute rapid triage.
	 "stroke buckle"? a. Utah, Nevada, and Wyoming b. Illinois, Indiana, and Wisconsin c. North Carolina, South Carolina, and Georgia d. California, Oregon, and Washington 	 16. Which of the following lists correctly identifies the order of the "4 P's" that must be evaluated in stroke patients? a. perfusion, penumbra, parenchyma, and pipes b. pipes, perfusion, parenchyma, and penumbra c. penumbra, pipes, perfusion, and parenchyma d. parenchyma, pipes, perfusion, and penumbra

_ is gradually replacing digital subtraction 21. In addition to diagnosing acute ischemic stroke, angiography in the evaluation of intracranial CT perfusion is indicated for: arteries. migraines. a. CT perfusion tumor grading. Noncontrast head CT headaches. С. MR angiography concussion. d. CT angiography (CTA) 22. The approximate injection rate of contrast media 18. Which of the following statements is *true* during a CT perfusion study is _____mL per regarding noncontrast CT and stroke? second. a. Noncontrast CT can help radiologists 1 to 2 distinguish tissue that might be irreversibly 2 to 3 damaged from salvageable tissue. 4 to 7 The technique provides high levels of detail d. 8 to 11 to help neurosurgeons before opening cerebral arterial branches to treat clots. Noncontrast CT can help radiologists detect 23. The CT perfusion parameter MTT measures: the presence of a thrombus in a major vessel. time between arterial inflow and venous d. It often can be relied on alone for stroke assessment. time for CBF to reach the penumbra. time for contrast media to reach the ventricles. 19. Which of the following are calculated during CT d. time between CTA and CT perfusion perfusion brain scans? sequencing. 1. cerebral blood volume (CBV) 2. cerebral blood flow (CBF) 3. mean transit time (MTT) 24. Which of the following are recommended a. 1 and 2 imaging parameters for a CT perfusion study? b. 1 and 3 70 kVp, 200 mA, and 1-second rotation time 2 and 3 80 kVp, 200 mA, and 1-second rotation time d. 1, 2, and 3 d. 90 kVp, 100 mA, and 2-second rotation time 100 kVp, 150 mA, and 2-second rotation time 20. The addition of CTA and CT perfusion to a noncontrast head CT scan typically adds 25. The first step in postprocessing the images with to the total examination time. the perfusion software is to: 5 minutes determine the CBF. 15 minutes calculate the MTT. 50 minutes select a reference artery and reference vein. 1 hour produce 3-D surface shaded images.

- 26. Which of the following signifies irreversible infarction when demonstrated on a CT perfusion study?
 - a. an increase in CBF with a stable or decreased CBV
 - an increase in MTT with a stable or increased CBF
 - a decrease in CBF with a stable or increased CBV
 - d. a decrease in MTT with a stable or decreased CBF
- 27. Color-coded maps can be used to look for large ischemic areas and rapid assessment with ______% sensitivity.
 - a. 60
 - b. 70
 - c. 80
 - d. 90
- 28. What is the difficulty with interpreting CT perfusion parameters?
 - a. performing the quantitative analysis without the perfusion software
 - b. assigning a specific threshold value to determine reversible or irreversible ischemia
 - c. data support from the CT perfusion software companies
 - d. calculating the threshold values for each arterial and venous branch

- 29. _____was determined as the main reason for more than 200 patients receiving 8 times the expected amount of radiation during CT perfusion studies conducted in 2009.
 - a. Leakage of the x-ray tube in the CT scanner
 - b. Malfunction of safety device on the CT scanner
 - c. Incorrect settings on the CT scanner console
 - d. A technologist repeating the study without patients' knowledge
- 30. The 2010 FDA recommendations for facilities and practitioners regarding radiation exposure and CT perfusion included to:
 - a. confirm all radiographers who operate CT scanners are ARRT CT certified.
 - ensure and document technologists' training on CT scanner and procedures.
 - c. verify all CT perfusion protocols have been approved by the American College of Radiology.
 - d. ensure that all radiographers who perform CT perfusion have a minimum of 3 years of CT experience.

Directed Reading Evaluation Stroke and CT Perfusion



							re	ading	
1 2 8 0 3 -	0 4		3 4	1	7 [L 5			
Thank you for taking the tin remain confidential and will for each question. Use a bl	not affect the scoring	of your Dir	rected Read	ling (I	OR) te	st. Cho	ose only	ONE response	
1. What is your primary	•								
O Administration/Manageme			O Quality					nformation Systems	
_	Bone Densitometry O Magnetic Resonance			O Radiation Therapy			O RN		
O Cardiovascular-Intervention	5 1	•	○ Radiography				O Sonography		
O Computed Tomography	O Nuclear Med	dicine	O Research O Other						
2. Which of the following O Student who has not yet to	-	O Associa	ate degree		Ö	Master	's degree	e	
O Certificate		O Bachelo	or's degree		0	Doctor	al degree	e (e.g., Ph.D. or Ed.D.	
3. Why did you choose tO Interested in the topicO DR had the right number of	ОТ	R? Topic pertain Needed CE	•			ce O	Other		
4. How relevant is this DExtremely relevant	OR to your practice O Very relevant		elevant	0	Some	what re	levant	○ Not relevan	
5. How beneficial is this O Extremely beneficial	DR to your profes O Very beneficial	-	personal oneficial		-	e nt? hat ben	eficial	O Not beneficial	
6. How would you rate t O Too difficult O Son	he level of difficult newhat difficult	-	R? e right level		0.8	omewh	nat easy	○ Too easy	
7. How would you rate the length of this DR? ○ Too long ○ Somewhat long ○ Just the right length ○ Somewhat short ○ Too short									
8. Did this DR meet you O Yes	r expectations?	O Pa	artially						
9. Would you recommer	nd this DR to a coll	eague?							
10. Overall, how valuable O Cons	e are the Directed siderably valuable	Readings	-	(⊜ Slig	htly val	uable	O Not very valuable	
If you have comments about Director of Professional Dev									

Carefully cut or tear here.

Stroke and CT Perfusion



1	2	8	0	3	_	0	4

Expires: June 30, 2014

Approved for 2.0 Category A+ CE Credits

- A passing score is 75% or better.
- Take the quiz online at www.asrt.org/DRquiz for immediate results and your CE certificate.
- If you don't have Internet access, mail your answer sheet to ASRT, PO Box 51870, Albuquerque, NM 87181-1870.
- ASRT must receive the original answer sheet before the quiz expires and before the end of the CE biennium for which you want credit.
- New or rejoining members cannot take DR quizzes from journals published before their most recent join date unless they purchase access to the DR quiz.

Identification Section

dentinication dection										
We need your Social Security										
number to track	0	0	0	0	0	0	0	0	0	0
your CE credits. Please fill in your	1	0	0	0	0	0	0	0	0	0
SSN in the	2	2	2	2	2	2	2	2	2	2
boxes on top, then fill in the	3	3	3	3	3	3	3	3	3	3
circle	4	4	(④	4	④	(④	4	(4)
corresponding to each number	5	③	⑤	③	(5)	⑤	⑤	⑤	(5)	6
under the box.	6	6	6	0	6	6	6	6	6	6
The circles must be filled in	7	0	0	0	0	0	0	0	0	0
accurately.	8	3	8	0	8	8	8	3	8	8
_	9	0	9	0	9	9	9	0	9	9

Member Information Section

To ensure proper credit please PRINT the following information.
Name
Address
City
State ZIP
Work Phone
Home Phone

CE Answers Section

USE A BLUE OR BLACK INK PEN. Completely fill in the circles.

3 4 1 7 1 5

Get immediate Directed Reading quiz results and CE credit when you take your test online at www.asrt.org/DRQuiz.								
Note:	Note: For true/false questions, A=true, B=false.							
10	000	110000	21 0 0 0 0					
20	000	120000	220000					
3 🛭	000	130000	230000					
4 🛭	000	140000	240000					
5 🛭	000	150000	250000					
6 🛭	000	160000	260000					
70	000	170000	270000					
8 🛭	000	180000	280000					
90	800	190000	29000					
10 Ø	000	200000	300000					